

2026 Grand Prix 1 Invitational Meet -PMBG - 8/7/2026 to 8/9/2026**Results****Event 217 Women 400 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Raffle, Mackenzie	13	Cardinal Aquatics-EKU	4:39.32	4:37.76
2	Woodburn, Indigo S	16	Mandeville Dolphins-JHB	4:44.40	4:42.19
3	Meeser, Paige V	16	Cardinal Aquatics-EKU	4:49.72	4:47.31
4	Pienaar, Mia	15	Cardinal Aquatics-EKU	4:56.52	4:50.12
5	Sandilands, Hannah G	18	Mandeville Dolphins-JHB	5:00.88	4:50.42
6	Elliott, Madisynn E	17	Aqua Athlete-JHB	5:01.49	4:51.66
7	Baqwa, Oyama K	13	Seagulls SC-ETH	4:53.15	4:53.07
8	Jones, Amy-Lee	17	Cardinal Aquatics-EKU	4:50.17	4:56.32
9	Cheshire, Kate E	13	Mandeville Dolphins-JHB	5:06.36	4:57.97
10	Kooi, Chenique E	13	TuksSwimming Club-TSH	4:50.79	4:59.70
11	Barbour, Robyn R	17	Mandeville Dolphins-JHB	4:49.96	5:00.28
12	Clowes, Cailyn	16	AquaPark Aquatics-UMD	5:05.24	5:00.54
13	Vyncke, Ivana	18	TuksSwimming Club-TSH	NT	5:03.11
14	Woodburn, Jasmine S	13	Mandeville Dolphins-JHB	4:59.03	5:03.27
15	Wheeler, Maike S	14	Mandeville Dolphins-JHB	5:24.06	5:13.43
16	Du Toit, Lisa R	14	AquaPark Aquatics-UMD	5:18.30	5:15.94
17	Short, Kyla J	13	Mandeville Dolphins-JHB	5:23.42	5:23.01
18	Ojwach, Neliza T	12	AquaPark Aquatics-UMD	5:17.14	5:23.11
19	Schofield, Sarah A	13	Aqua Athlete Durban-ETH	5:43.43	5:25.83
20	Shange, Aphelele	13	Ushaka Pmb-UMD	5:37.09	5:26.87